

# A FREE Presentation on ICE and Helping Families to Cope

*“This presentation is designed to provide information to Families, Relatives, Partners and Carers of those with addictions to ice and other drugs*

## Presentation Covers

- Stepping Forward Program
- Introduction to Family Drug Support
- Methamphetamine - What is the reality?
  - Facts and Effects
  - What can Families do?
  - Communication tips
  - Dealing with violence

**WHEN:** 23rd March, 2016  
7.00pm to 9.00pm  
**RSVP by March 3rd 2016**

**LOCATION:** 10 Langford Drive Kariong  
Phone: 4340 1724  
Email: [admin@knc.net.au](mailto:admin@knc.net.au)

*This presentation will be followed up by an ongoing confidential ‘weekly support group’, facilitated by a qualified Psychologist Registrations for support Group will be taken on the night or contact Kariong Neighbourhood Centre on the number above to register.*

**REGISTRATION IS ESSENTIAL FOR THE SUPPORT GROUP  
CHILDCARE WILL BE AVAILABLE FOR \$5.00 PER CHILD**



**CDAT**

We're stronger together

