



# WORKSHOP: Attachment, Trauma, Brain Development & Resilience

**Presenter: Carolyn Cousins BSW, MSW, Med (Adult Educ)**

**Carolyn Cousins** has worked in the fields of Child Protection, Domestic Violence and Mental Health for almost 20 years, holding frontline, specialty and management posts both in Australia and the UK. Carolyn has two Masters Degrees, one in Social Work and the other in Adult Education. Now based on the Central Coast she currently provides supervision and training to a range of workers in these fields across NSW. Carolyn has published in relation to children at risk, domestic violence and the quality of service provision and management, and is also an article and book reviewer for a number of journals in the UK.

**Carolyn will discuss the effects of Domestic Violence in young children's lives** and how this can affect children's attachments to parents and caregivers, the trauma that this may cause and the effects of this trauma on the child's brain developments, resilience to overcome the cycle of domestic violence and mental health.

Carolyn's workshop will raise an awareness of social and emotional issues that may be occurring within our communities. As child protection is the foremost important issue that faces every early childhood educator at some stage of our careers, this should be a very informative evening to reconnect with our responsibilities and mandatory reporting requirements from a different perspective.

**Date:** Thursday 11<sup>th</sup> June 2015  
**Time:** 6:30pm – 8:00pm  
**Venue:** KU Ourimbah Child Care Centre, South Loop Rd, Ourimbah (park above centre in Community College)  
**Cost:** \$40 members \$45 non-members (Discount for *full time* Students \$30)

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**Centre Name:** \_\_\_\_\_

**Name of Staff:** \_\_\_\_\_

**Membership Status:**  Member **\$40**  Non Member **\$45**  Full Time Student **\$30**

*My centre is not a member, but would like to become one. Please send me a membership form for 2015 (Centres who specify this option will receive a **SPECIAL discounted workshop cost of \$35 per person**)*

**Street Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Fax:** \_\_\_\_\_

**Payment Amount:** \$ \_\_\_\_\_ (please also specify payment method)

- Cheque** *please make all cheques out to 'CCMCRC'*
- Invoice** *Invoice available on request (payment due **PRIOR** to workshop)*
- Direct Deposit** *payment must be made prior to sending workshop form*  
Account No: 46628 7592 BSB: 082 574  
*Please include centres name and 'workshop' as the payment reference*

**TO BOOK:** please contact Jacqui on 4325 3906 or email [KU.Gosford@KU.com.au](mailto:KU.Gosford@KU.com.au)

*Prior booking is essential. Bookings and payments are due by Thursday 4<sup>th</sup> June 2015*